



The First 1,000 Days

Love to treat kids? But wish you didn't have to do fillings on them?
Looking for a way to serve your pregnant patients, infants, and toddlers at a higher level?

Dentists that develop an in-office perinatal and infant oral health program have the ability to provide timely information that could improve the health of the next generation. The first 1,000 days spans pregnancy through the second birthday and provides numerous opportunities for the family dentist to assess their patient's ability to properly eat, sleep, and breathe. In this eye-opening presentation, learn what you need to know and do to develop a perinatal and infant oral health program in your practice *without new equipment or increased costs!*

Explore the connection between maternal oral health and pregnancy health. Illuminate the symptoms and complications associated with sleep disordered breathing in the infant, toddler, and pregnant mother. Discover dietary strategies for promoting oral health in pre-teeth infants, including breast feeding. Evaluate for and know when to refer mouth breathing patients to help avoid future oral adverse conditions, such as cavities and malocclusion. Highlight screening and collaboration opportunities with specialists in your community.



[Hello@DrCatherineMurphy.com](mailto>Hello@DrCatherineMurphy.com)
www.DrCatherineMurphy.com
317-372-9560



LEARNING OBJECTIVES:

- Define the significance of the First 1,000 Days as it relates to the oral healthcare practitioner
- Associate the ability to properly eat, sleep, and breathe with oral health and overall health
- Implement simple screening tools that are inexpensive and will have a major impact on your patients
- Understand the indications of tethered oral tissues and their influence on treatment plans
- Explore the signs/symptoms and effect of mouth breathing on dental and overall physical health
- Recognize the symptoms and common conditions associated with pediatric sleep disordered breathing
- Identify the indication and treatment of orofacial myofunctional disorders in young children
- Illuminate the harmful biological effects of sodium fluoride and contrast with safer alternatives

SUGGESTED AUDIENCE:

All Dental Professionals

SUGGESTED FORMAT:

Partial Day; Lecture,
Workshop, Keynote