



**Searching for a speaker who offers refreshing,  
motivational content on current topics?  
Dr. Murphy offers the courses you're in need of.**

Catherine Murphy, DDS, MSD's love of dentistry goes beyond appreciating the beauty of a bicuspid. She is grateful that dentistry provided the support needed to transform her son's health from failing to thriving. She shares her passion for holistic dentistry through her speaking engagements across the globe.

Dr. Murphy is the author of two picture books focusing on the connection between oral and overall health: *Dear Momma...* and *Dear Friend...Do you know about Tongue Ties?* She reaches caregivers nationwide through her podcast, *Dear Momma with Dr. Murphy*. The show provides insights into the holistic and collaborative care approach to orthodontic treatment.

Additionally, Dr. Murphy is a co-creator of the self-care movement, *Take3ForMe™*, designed to encourage harmony between career, family and self. This practice combines her love of myofunctional therapy exercises, breathwork and affirmation.

Over a dozen years ago, Catherine practiced general dentistry prior to specializing in orthodontics. She has served as adjunct clinical faculty at both IU School of Dentistry and Indiana University NW Dental Hygiene Program. Catherine is honored to have been inducted into the American College of Dentists. She was also selected as an American Dental Association Wellness Ambassador. The principles and strategies that Dr. Murphy shares through speaking and consulting are drawn from her years in private practice. Her mission is to elevate patient care by introducing a holistic approach to orthodontic treatment to dental professionals across the nation.

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# Testimonials



"Such an informative lecture! Dr. Murphy has already set in motion a mother's mission to help her family and her patients be healthier by viewing narrow palates, deep bites and mouth breathing differently. Words cannot express my gratitude to her." **Dr. Lilly**

"I thoroughly enjoyed Dr. Catherine Murphy's presentation and appreciated her recommendations in how to get started." **Dr. Babrood**

"Truly a fantastic and very informative lecture! Thank you very much Dr. Murphy."  
**Dr. Mortezaiefard**

"Dr. Murphy's class on holistic orthodontics critically impacted how I will continue to care for and evaluate patients. All dental professions could learn from her up-to-date information; furthermore, from her incredible spirit and drive." **Grace Huss, RDH**



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## PROFESSIONAL AFFILIATIONS

American Dental Association  
American Association of Orthodontists  
Indiana Dental Association  
Chicago Dental Society  
Holistic Dental Association  
Academy of Airway and Gnathologic Orthopedics  
American Academy of Physiological Medicine & Dentistry  
North American Association of Facial Orthotropics  
Dental Speakers Bureau

## PRESENTATIONS (PARTIAL LIST)

American Dental Association  
SmileCon  
Chicago Dental Society  
Indiana Dental Association (*multiple*)  
San Fernando Valley Dental Society  
Victoria and District Dental Society  
Apollonia Dental Study Club (*multiple*)  
Indiana University School of Dentistry (*multiple*)  
Indiana University Dental Hygiene Program (*multiple*)  
South Shore Skipping Stones (*multiple*)  
Myo Membership M.A.T. Program  
Listen to Your Mother Production (*multiple*)