



Holistic Orthodontics: Beyond Straightening Teeth

Is your schedule bogged down due to difficult, lengthy orthodontic finishes?

**It is often not the mechanics of treatment, but rather
because a deeper diagnosis has been missed.**

The holistic approach goes beyond dentofacial orthodontics to shift *from* viewing malocclusion as the primary problem orthodontics should fix *to* crooked teeth being a symptom of an underlying cause. It is estimated that the rate of malocclusion in America is 90%. The focus must be on seeking solutions through collaborative care to address the overall health concerns that contribute to the symptom of crooked teeth. We can elevate our patient care by viewing the patient as a whole and mouth health as an indicator for one's overall health.

In this course, discover the connections between proper rest oral posture, mouth breathing, and restricted oral tissues and their impact on creating stunning, healthy, sustainable smiles. Discuss Dr. Catherine Murphy's Triad of Care for cooperatively addressing breathing, eating, and sleeping concerns. Learn how to identify and diagnose improper oral rest posture and other orofacial myofunctional disorders. Understand how to build a team of professionals in your referral network who can best help your patients implement restorative and corrective strategies.

The mouth is a 'mirror of health or disease' and it may be an early indicator of disease in other tissues and organs in the body."

SURGEON GENERAL'S REPORT ON ORAL HEALTH, 2000



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LEARNING OBJECTIVES:

- Discuss how to utilize the holistic approach to enhance patient care and treatment results
- Illuminate the difference between traditional and holistic orthodontic treatment objectives
- Identify the connections between optimal health and proper breathing, sleeping and eating
- Recognize the importance of addressing malocclusion in early years
- Know the signs of proper and improper rest oral posture
- Identify the indication and treatment of orofacial myofunctional disorders
- Understand the indications of tethered oral tissues and their influence on treatment plans
- Pinpoint the harmful biological effects of sodium fluoride in contrast with safer alternatives
- Define amalgam filling high-risk populations and recommendations for removal
- Explore holistic pain management solutions
- Examine nutrition guidelines

SUGGESTED AUDIENCE:
All Dental Professionals

SUGGESTED FORMAT:
Full or Partial Day; Lecture,
Workshop, Keynote